

Reimagining Long-Term Care

Aging Matters screening & panel discussion

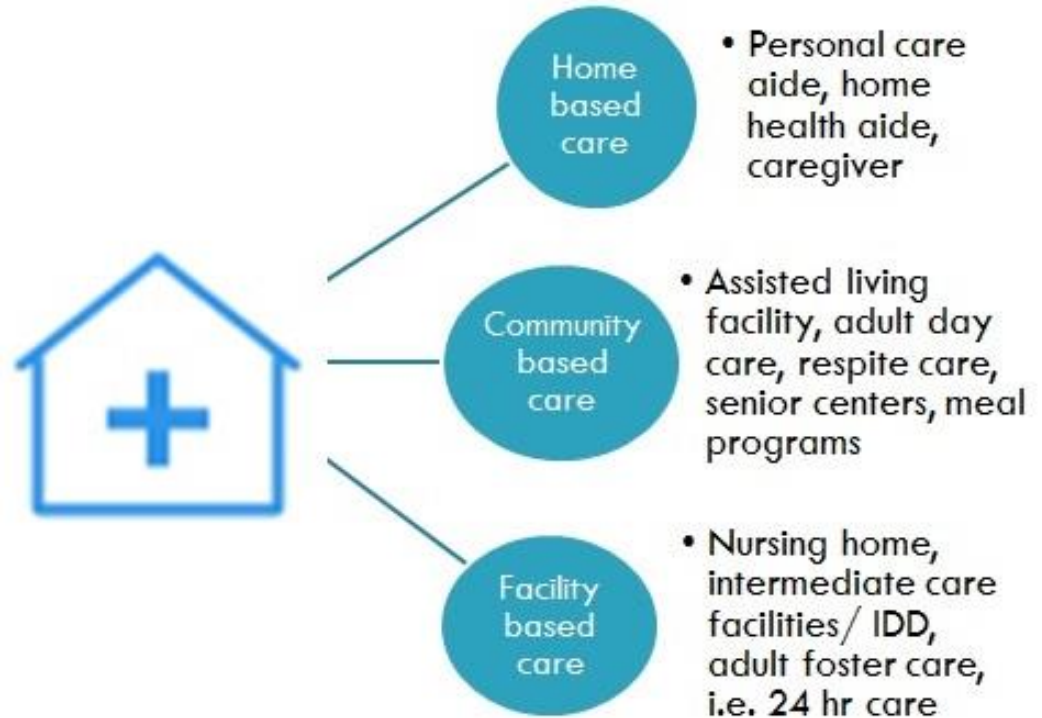
June 22, 2022



TN COALITION ★ ★ ★
FOR BETTER AGING

Welcome

- **Jim Powers, MD** - Vanderbilt University Medical Center & TCBA Co-chair
- We're glad you're here
- Overview of today's webinar
 - NPT Aging Matters screening
 - Panel presentations
 - Question & Answer
- What do we mean by long-term care?



Rosemary Brunton



Aging Matters: Reimagining Long-Term Care



Aging Matters website with full list of documentaries

<https://www.wnpt.org/agingmatters/>

Panel discussion

- Moderator: **Grace Smith**, AgeWell Middle TN, TCBA Co-Chair
- **Shawn Anfinson**, NPT
- **Lance Iverson**, TN Comptroller's Office
- **Amy Harris**, Family caregiver
- **Mia McNeil**, AARP TN State Director

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Shawn Anfinson, NPT Producer



Lance Iverson, TN Comptroller's Office

The screenshot displays a web browser window with the URL comptroller.tn.gov/office-functions/research-and-education-accountability/publications/other-topics/content/senior-long-term-care-in-tennessee--trends-and-options0.html. The page features the Tennessee Comptroller of the Treasury logo and the heading "Research and Education Accountability". A search bar is visible with the text "Search Comptroller". A navigation menu includes "About Us", "Office Functions", "Boards", "Find a Report", "Careers", "News", "COVID Exemption", and "Contact Us".

The main content area is titled "Senior Long-Term Care in Tennessee: Trends and Options". To the left of the main content is a "Content" sidebar with a list of links:

- Senior Long-Term Care in Tennessee: Trends and Options
- Financial Exploitation of the Elderly in Tennessee
- Opioid Prescribing Patterns and Prescriber Discipline in Tennessee
- Temporary Assistance for Needy Families (TANF)
- Weighted Caseload Studies
- Research Recap: A Guide to OREA Publications of Interest
- Comptroller Survey Concerning Wages of Direct Support Professionals
- State Benefits for Veterans in Tennessee
- Senior Long-Term Care in Tennessee: Trends and Options
- Transparency of Business Incentives in Tennessee

The main content area contains two images. The top image shows a man and a woman sitting on a bed, with the woman looking at a document. The bottom image shows a woman feeding an elderly woman, with another person standing nearby.

The Windows taskbar at the bottom shows the search bar with "Type here to search", several application icons, and the system tray displaying "93°F Sunny", "6:37 PM", and "6/14/2022".

Senior Long-Term Care in Tennessee: Trends and Options

An Update | April 2022

Lance Iverson

Office of Research and Education Accountability

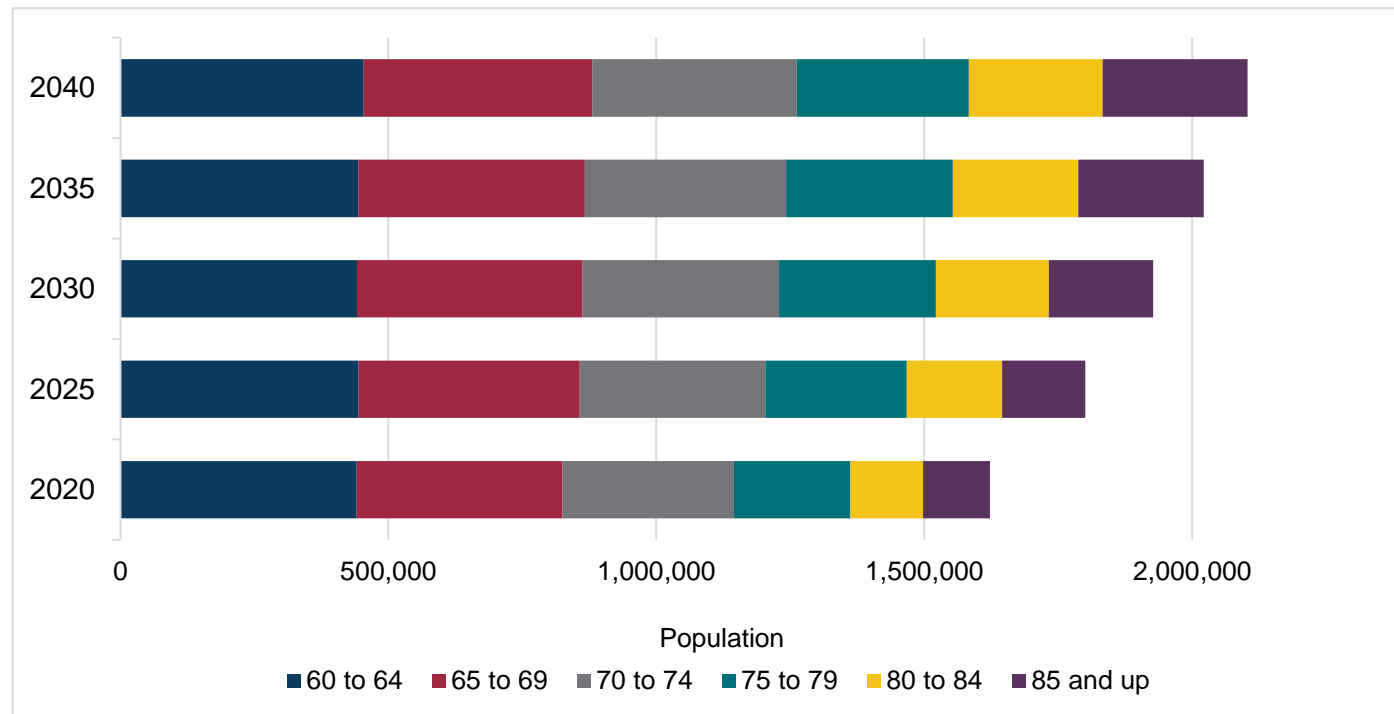
June 22, 2022

TENNESSEE COMPTROLLER OF THE TREASURY



Growth of the senior population

- The number of Tennessee seniors 60+ is expected to increase by 30 percent from 2020 to 2040. The number of seniors 80+ is expected to double during this time.



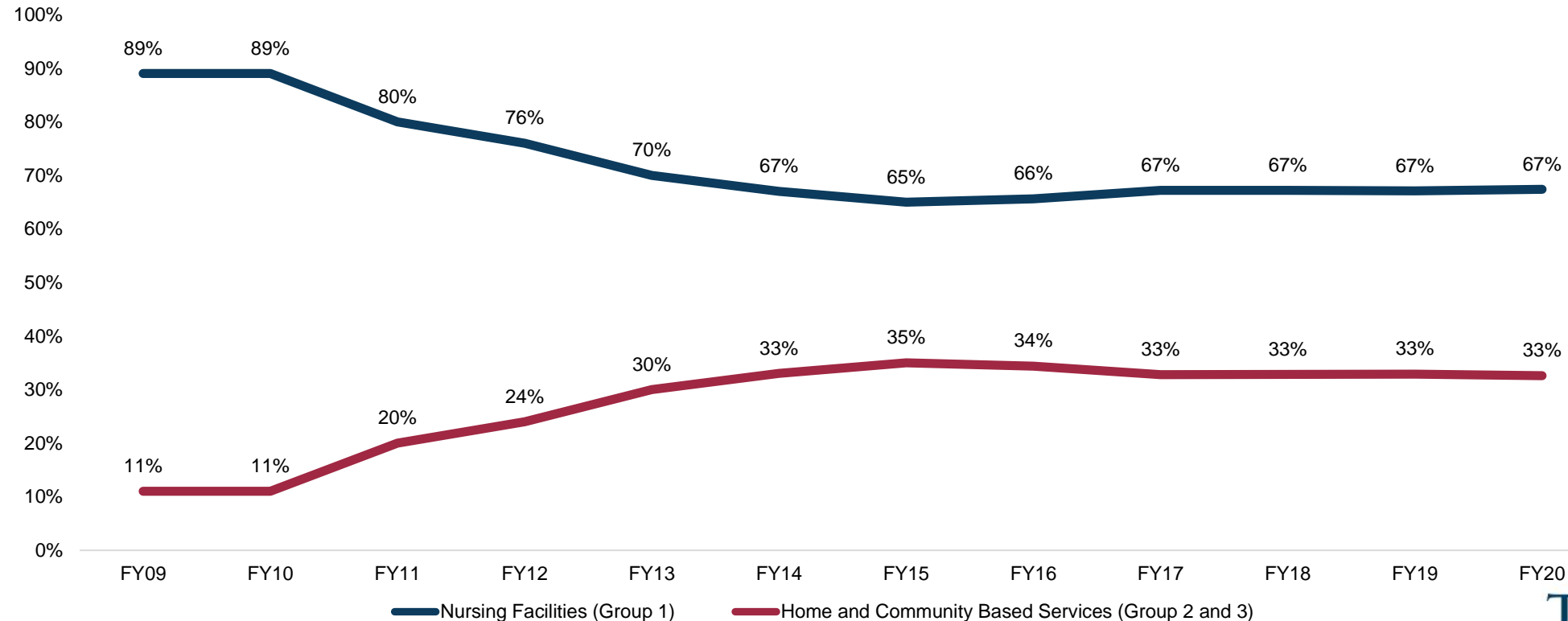
Tennessee has three publicly-funded programs to help support low-income elderly Tennesseans.

- TennCare CHOICES (Medicaid)
- Options for Community Living
- Older Americans Act (OAA)

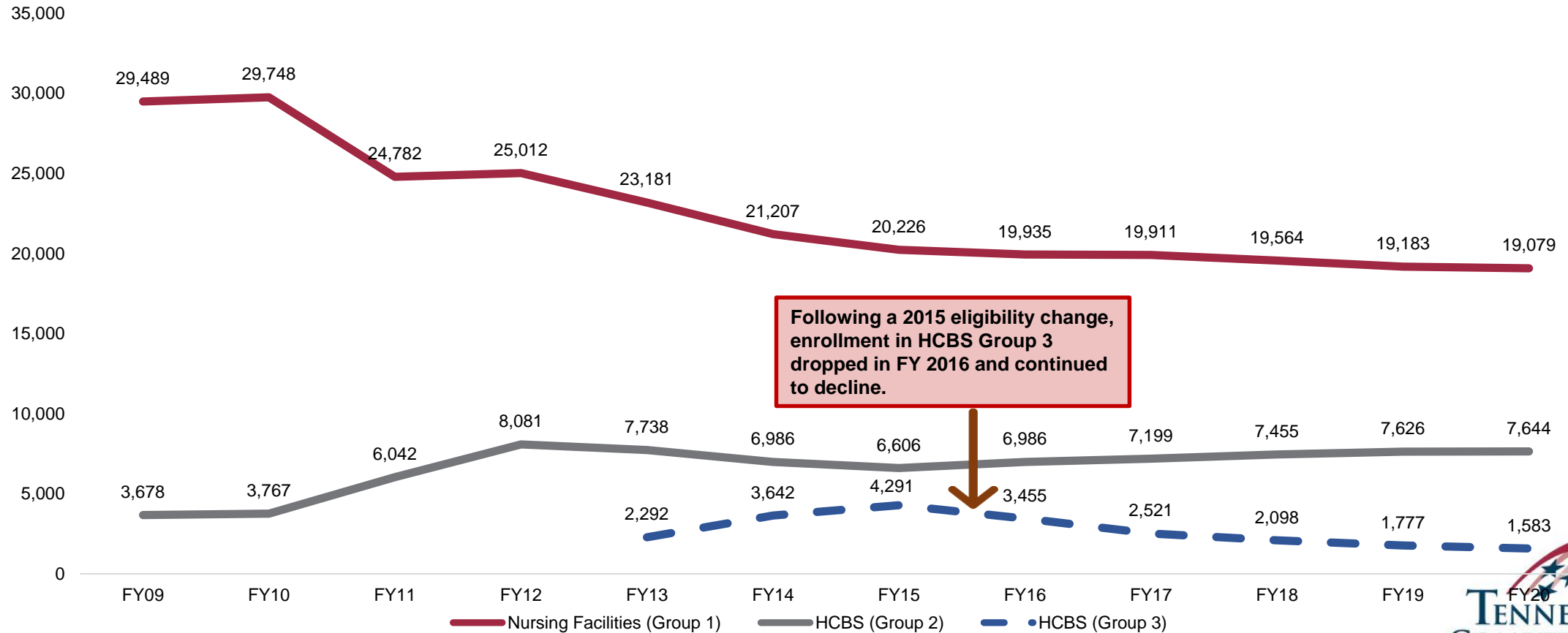
TennCare CHOICES

- **State + Federal (Medicaid) funding**
- Nursing facility care and lower cost home- and community-based services
- Depending on qualifications, potential choices are in these three groups:
 - **Group 1:** qualify for nursing facility care
 - **Group 2:** qualify for nursing home care but able to receive home- and community-based services instead (up to the cost of nursing home care)
 - **Group 3:** low-income seniors who receive Supplemental Security Income (SSI) *and* are at risk of needing nursing home care if they do not receive long-term services and supports

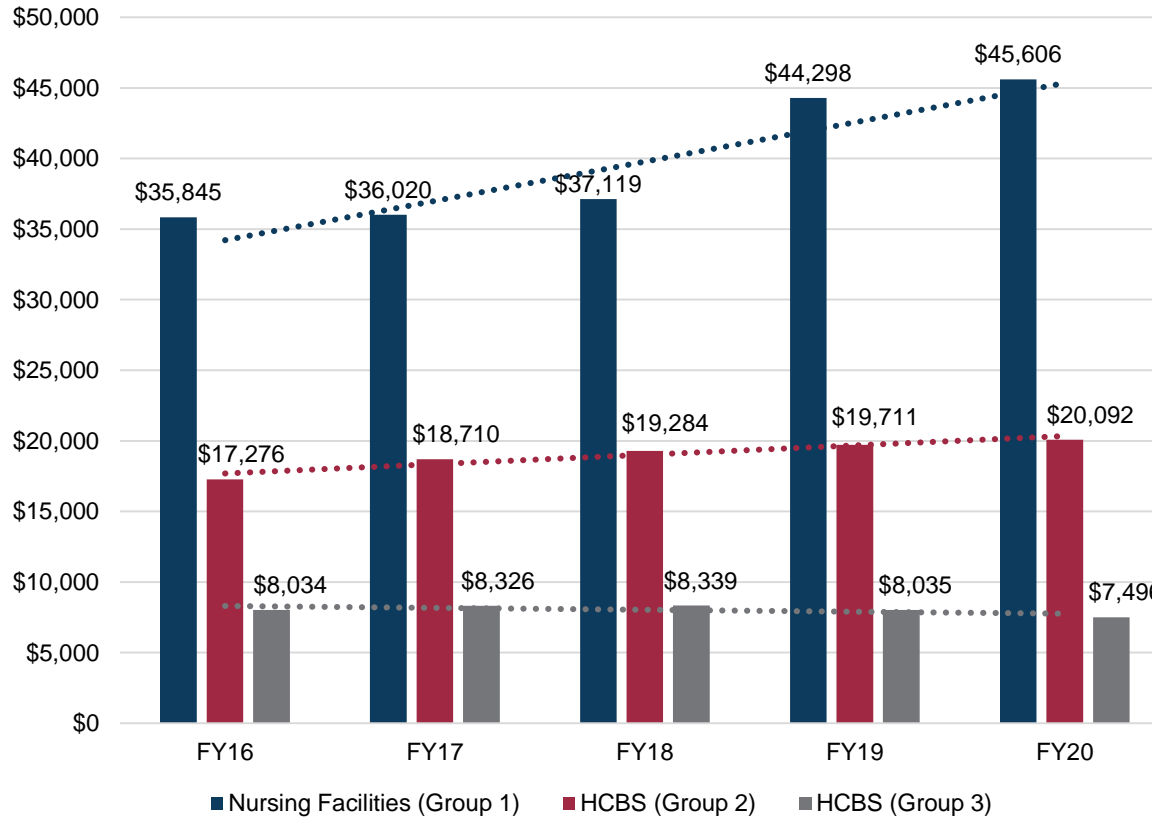
In TennCare CHOICES, the percent of seniors in nursing facilities compared to home- and community-based services has remained nearly the same for the last five years.



In TennCare CHOICES, the number of seniors served in nursing facilities and HCBS Group 2 remained steady for the last few years. HCBS Group 3 declined.



Under TennCare CHOICES, average expenditures per person varies from most expensive in nursing homes to least expensive in HCBS Group 3.



Options for Community Living

- **State funded** – for Tennesseans age 60 and over at risk of becoming Medicaid-eligible. Services are intended to allow recipients to remain in their homes. Administered by Tennessee Commission on Aging and Disability (TCAD) and AAADs.
- Accepts only as many people as state funding allows.
- Services include:
 - Personal care
 - Homemaker services
 - Home-delivered meals
 - Transportation services

Options program – key stats

- Capped at \$5,000 per person – average expenditure of \$3,287 in FY 2020.
- \$9,309,202 in expenditures for Options in FY 2020.
- As of November 2021:
 - Enrollment: 4,145
 - Waitlist: 3,981

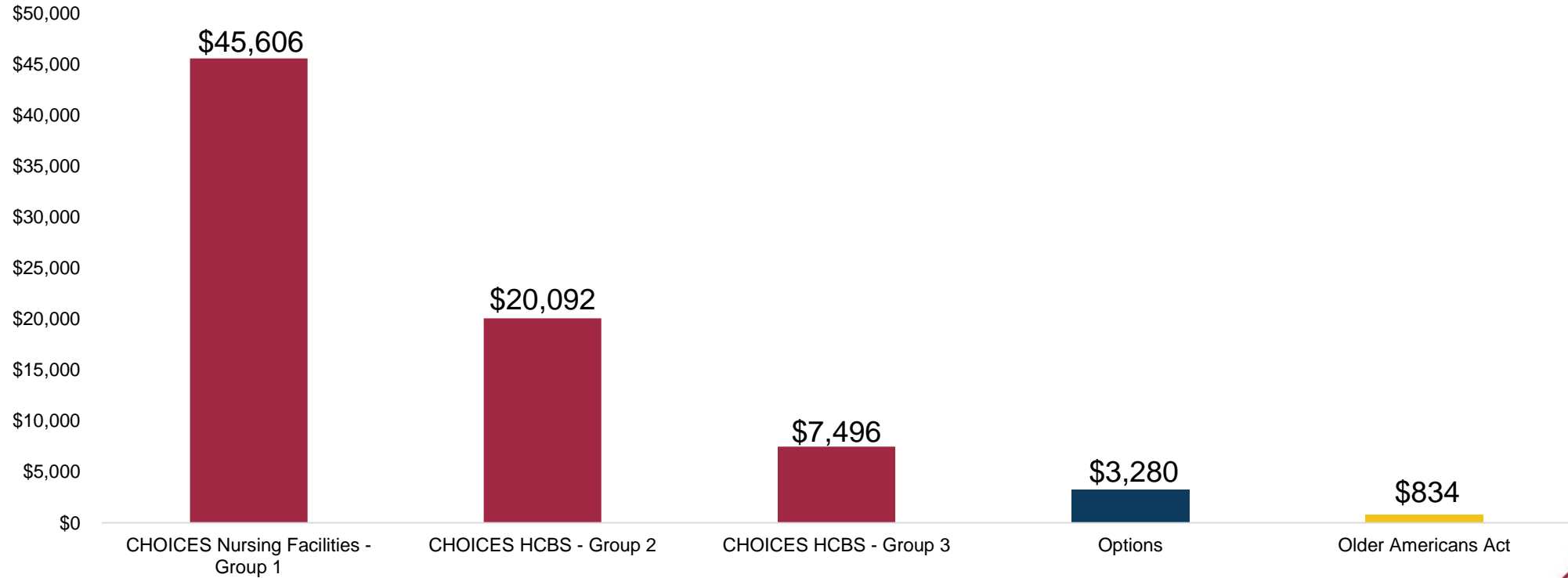
Older Americans Act services

- Direct services under OAA are similar to those provided under Options as well as TennCare CHOICES HCBS services:
 - Homemaker services
 - Personal care
 - Home-delivered meals
 - Caregiver support
- TCAD distributes funds to the state's nine Area Agencies on Aging and Disability (AAADs) to help contract with providers to implement programs in their areas.

Older Americans Act – key stats

- **State + federal funds – FY 2021: \$21.8 million federal and \$2.1 million state**
- 23,996 Tennesseans received OAA direct support services in FY 2021
- OAA programs are federally mandated and largely federally funded with limited discretion by Tennessee officials to affect the administration of the program

CHOICES, Options, and OAA represent a range of public programs that provide care for Tennessee's low-income seniors.



Average cost per program recipient in Fiscal Year 2019-20

Issues of current concern... but some help is on the way

- Public programs and services designed to prevent or delay seniors from needing higher-cost services are currently unable to serve all who could benefit from the services.
 - CHOICES Group 3 has decreased in enrollment.
 - Options and OAA continue to have wait lists.
- The number of unlicensed residential facilities has grown.

Policy considerations presented in the April report addressed with more money in 2022-23

- Expand home- and community-based services.
 - Expand eligibility for CHOICES Group 3 (approved by the General Assembly – Public Chapter 1130)
 - Expand Options for Community Living to eliminate the waitlist (approved by the General Assembly – Public Chapter 1130)
- Address front-line workers' pay.

Policy considerations presented in the April report for future consideration

- Expand community-based residential alternatives for low-income individuals as well as family caregiver support.
- Continue the additional support for caregivers that occurred through federal COVID-19 relief funding.
- Address the growth in unlicensed residential facilities housing elderly individuals & expand community-based residential options. Public Chapter 1081 requires a registry of unlicensed facilities to be maintained by TCAD.
- Address front-line workers' pay. Public Chapter 1138 establishes a task force to report on this broad issue to the General Assembly with recommendations by December 31, 2023. Current context includes high general cost inflation.

Office of Research and Education Accountability

tncot.cc/orea

TENNESSEE COMPTROLLER OF THE TREASURY



Amy Harris, Family caregiver perspective



Mia McNeil, AARP TN



- AARP Research
- Age-Friendly Communities
- Supporting Family Caregivers
- Advocacy (State & Federal)

Key Findings: Strong Support



**Paid and Unpaid
Caregiving Leave**

**Ensuring Quality Care in
LTC Facilities**

Access to Telehealth

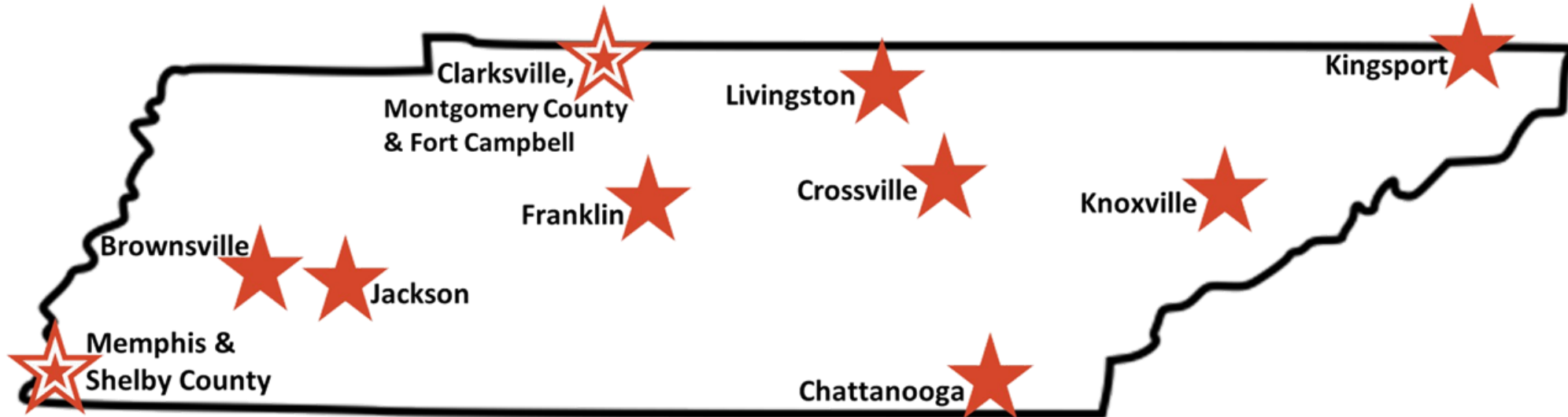
**Services to
Age-in-Place**

**Receive Long-Term Care
at Home**

What is Age-Friendly?



Age-Friendly Communities

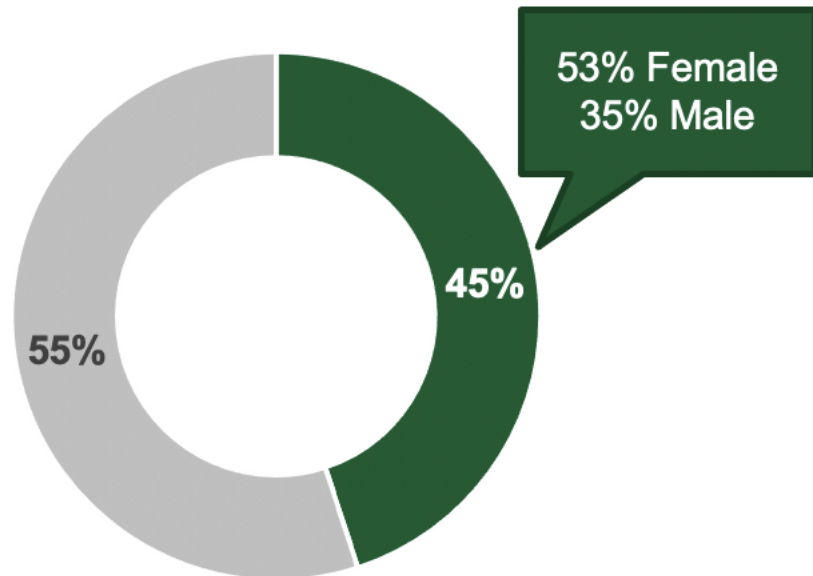


Age-friendly communities in TN:12
10 cities, 2 counties (and Ft. Campbell)

990,000 Caregivers in TN



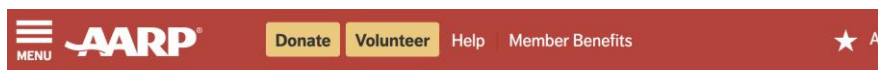
Percent current or former caregiver



- **54%** are working caregivers

- Spending an avg of **\$7,242** per year on caregiving expenses

Supporting Family Caregivers



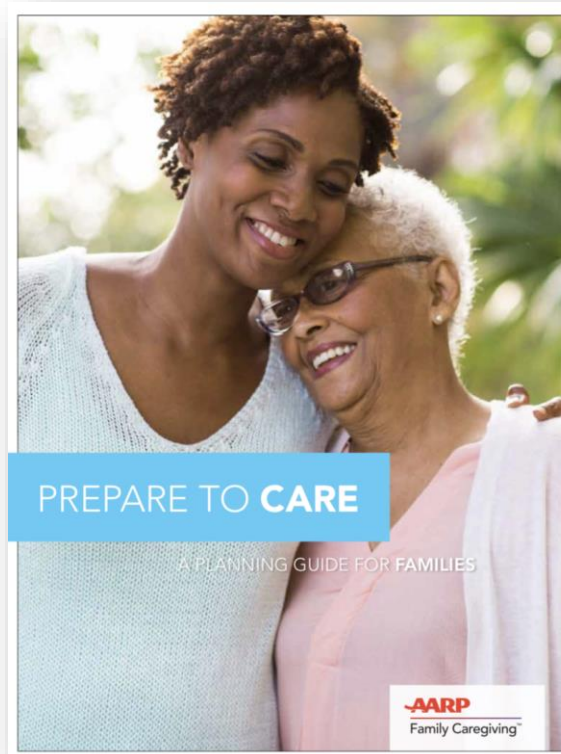
Family Caregiving

Basics · Care at Home · Nursing Homes · Medical · Financial & Legal · Life Balance · Community



Real Problems, Real Solutions to the Long-Term Care Crisis

Making at-home care work for America starts with tackling these 6 challenges



Reimagining Long-Term Care



- A robust infrastructure of options needed
- Supporting Caregivers
- HCBS needs more funding and support
- Telehealth and Broadband access
- Cultivating age-friendly communities

TCBA Priorities for Reimagining LTC

- Address the direct care worker shortage
- Improve support for family caregivers
- Expand home- and community-based services

“We have to do the work of imagining what could be possible, and then do our part to make it real”

-Tallu Quinn, Nashville Food Project



Your Questions & Comments

- Donna DeStefano, TN Disability Coalition, TCBA Secretary

Thank You for Joining Us!

- Visit Aging Matters <https://www.wnpt.org/agingmatters/>
- Get involved with TCBA & share your story and ideas
- Visit TCBA at: www.coalitionforbetteraging.com or email tncoalitionforbetteraging@gmail.com



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