

“August rain: the best of the summer gone, and the new fall not yet born. The odd uneven time.” – Sylvia Plath

Tune in **tomorrow at noon** to 90.3 WPLN - This is Nashville, to hear Grace Sutherland Smith, Executive Director, Rebecca Redd, Eldercare Coach and a family caregiver discuss the journey of caring for an aging adult.

You can also listen to the episode on their website at [wpln.org](http://wpln.org).



## TRANSIT TOGETHER

*We're listening...*

TAKE SURVEY



Transit Alliance has teamed up with Network for Sustainable Solutions (NSS) so every Nashvillian feels like a true stakeholder in building our mobility and transit infrastructure.

A digital survey has been launched to empower you to express your concerns and share insights on core values, immediate needs, and long-term visions. This is *your* opportunity to play a pivotal role in developing a community-prioritized transit and mobility

improvements plan for Nashville that aligns with our unique needs and growth aspirations. You decide what drives Nashville forward!

[Transit Together Survey](#)

**TAX-FREE  
IN TENNESSEE**



**August 1 - October 31, 2023**





Proudly Presents the  
*31st Annual Sage Awards*



HONORING

**Mike Hodge**  
**Byron Kamp**  
**Ellen Hobbs Lyle**  
**Rev. Edwin & D. Billye Sanders**  
**Byron Trauger**  
**Family & Children's Service**



**Monday, October 30, 2023**

11:30 a.m. Registration  
Noon - 1:30 p.m. Luncheon & Program

**FRANKLIN MARRIOTT COOL SPRINGS**  
700 Cool Springs Blvd., Franklin, TN 37067



Please visit [agewelltn.org/sage-awards](http://agewelltn.org/sage-awards) for sponsorship and reservations

The Sage Awards are given to individuals who have made outstanding contributions to Middle Tennessee through a lifelong commitment to improving the quality of life in their communities.

The 2023 honorees are **Mike Hodge, Byron Kamp, Ellen Hobbs Lyle, Rev. Edwin & D. Billye Sanders, Byron Trauger and Family & Children's Service.**

## 2023 SAGE AWARDS • SAVE THE DATE

**Monday, October 30, 2023**

**Franklin Marriott Cool Springs**

**700 Cool Springs Blvd. Franklin, TN 37067**

**Registration: 11:30 a.m.**

**Luncheon & Program: Noon - 1:30 p.m.**

**Make Your Reservation Today!**

We are currently soliciting sponsors for the luncheon. Sponsors receive marketing

opportunities along with hospitality benefits. Click the link button below for more information.

## Sage Sponsorship Information



Every year, the first Sunday after Labor Day is observed as National Grandparents Day. A day that highlights the special bond between grandparents and grandkids.

***“Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children.” – Alex Haley***

Today, the role of grandparents can range from full custody to caring for children after school while parents work. For resources available to grandparents, check out our *Empowering Grandparents* guidebook at [agewelltn.org/resource-guides](http://agewelltn.org/resource-guides).

# SAVE THE DATE

## Tennessee Taste of Technology

Connect to a wider world with technology  
designed for people who are:

- Deaf
- Speech Disability
- Late Deafened
- Hard of Hearing
- DeafBlind
- Blind/Low Vision
- Senior Citizens
- Veterans
- Emergency Responders
- Musicians
- Family
- Advocates

**Saturday, October 21, 2023**

**9 am to 3 pm**

Brentwood Baptist Church  
In Hudson Hall  
7777 Concord Road  
Brentwood, TN 37027

**Experience:**

- Free Admission
- Hands on Demo
  - Workshops
- Exhibits/Vendors

Sign Language interpreters, CDIs and CART will be provided.  
Contact [donice.kaufman4@t-mobile.com](mailto:donice.kaufman4@t-mobile.com) for more information.

The event is sponsored by:



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## GIVE TODAY

Every gift helps us continue our work for  
older adults.



**DONATE HERE**

AgeWell Middle Tennessee  
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(615) 353-4235 | [www.agewelltn.org](http://www.agewelltn.org)

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